
PROPERTIES OF CONVEX FUNCTIONS

1. Convexity, Strong Convexity and Smoothness

We start with redefining strong convexity and smoothness that were discussed in the previous class.

Definition 5.1 (Strong Convexity) A function $f : \mathbb{R}^d \rightarrow \mathbb{R}$ is said to be α -strongly convex for some $\alpha > 0$ if and only if $\forall x \in \mathbb{R}^d$, there exists a subgradient g of f at x such that for any $y \in \mathbb{R}^d$, we have

$$f(y) \geq f(x) + \nabla g^T(y - x) + \frac{1}{2}\alpha \|x - y\|_2^2$$

For example, consider the function $f : \mathbb{R}^d \rightarrow \mathbb{R}$ where $f(x) = \|x\|_2^2 = \langle x, x \rangle$. The gradient is given by $\nabla f(x) = 2x$. Then, we have

$$\begin{aligned} f(y) - f(x) - \nabla f(x)^T(y - x) &= \|y\|_2^2 - \|x\|_2^2 - 2x^T(y - x) \\ &= \|x\|_2^2 + \|y\|_2^2 - 2\langle x, y \rangle \\ &= \|y - x\|_2^2 \end{aligned}$$

This suggests that the strong convexity constant $\alpha = 2$. In fact f is α -strongly convex for any $\alpha \in (0, 2]$.

Strong convexity ensures that the function remains above a paraboloid defined at any point x with the two curves touching at x .

Definition 5.2 (Smoothness) A function $f : \mathbb{R}^d \rightarrow \mathbb{R}$ is said to be β -smooth for some $\beta > 0$ if and only if $\forall x, y \in \mathbb{R}^d$, we have

$$f(y) \leq f(x) + \nabla f(x)^T(y - x) + \frac{1}{2}\beta \|x - y\|_2^2$$

Essentially β -smoothness ensures that the function remains below some paraboloid defined at any point x with the two curves touching at x .

Note A function need not be convex to be β -smooth *i.e.* even non-convex functions can be smooth. For non-convex functions, the definition of β -smoothness needs to be amended to the following:

$\forall x, y \in \mathbb{R}^d$, we have

$$|f(y) - (f(x) + \nabla f(x)^T(y - x))| \leq \frac{1}{2}\beta \|x - y\|_2^2$$

If a function is smooth, then it is necessarily differentiable everywhere.

For example, $f(x) = \|x\|_2^2$ is β -smooth where $\beta \geq 2$.

Exercise 5.1 If a function $f : \mathbb{R}^d \rightarrow \mathbb{R}$ is both α -strongly convex and β -strongly smooth with $\alpha = \beta$ then prove that the form of f is given as

$$f(x) = \frac{1}{2}\alpha \|x - \mathbf{a}\|^2 + \langle \mathbf{b}, x \rangle + c$$

It is often difficult to analytically tell if a function is strongly convex or smooth. The following theorem, however, offers a simple condition that implies strong convexity or smoothness for twice differentiable functions.

Theorem 5.1 Suppose a function $f : \mathbb{R}^d \rightarrow \mathbb{R}$ is twice differentiable at all points $x \in \mathbb{R}^d$, then

- (i) if $\forall x \in \mathbb{R}^d$, $\nabla^2 f(x) \succcurlyeq \alpha \mathbb{I}$, then f is α -strongly convex
- (ii) if $\forall x \in \mathbb{R}^d$, $-\beta \mathbb{I} \preccurlyeq \nabla^2 f(x) \preccurlyeq \beta \mathbb{I}$, then f is β -smooth.

Proof. Using Taylor's theorem, we have

$$f(y) = f(x) + \nabla f(x)^T(y - x) + \frac{1}{2}(y - x)^T \nabla^2 f(\gamma)(y - x)$$

where $\gamma \in [x, y]$

- (i) If $\nabla^2 f(\gamma) \succcurlyeq \alpha \mathbb{I}$, then we have

$$\begin{aligned} (y - x)^T \nabla^2 f(\gamma)(y - x) &\geq (y - x)^T \alpha \mathbb{I}(y - x) \\ &= \alpha \|y - x\|^2 \end{aligned}$$

Plugging this in the Taylor's expansion we wrote above, we have

$$f(y) \geq f(x) + \nabla f(x)^T(y - x) + \frac{1}{2}\alpha \|x - y\|_2^2$$

- (ii) If $-\beta \mathbb{I} \preccurlyeq \nabla^2 f(\gamma) \preccurlyeq \beta \mathbb{I}$, then we have

$$\begin{aligned} (y - x)^T \nabla^2 f(\gamma)(y - x) &\leq (y - x)^T \beta \mathbb{I}(y - x) \\ &= \beta \|y - x\|^2 \end{aligned}$$

Plugging this in the Taylor's expansion we wrote above, we have

$$f(y) \leq f(x) + \nabla f(x)^T(y - x) + \frac{1}{2}\beta \|x - y\|_2^2$$

Similarly one can prove that

$$f(y) \geq f(x) + \nabla f(x)^T(y - x) - \frac{1}{2}\beta \|x - y\|_2^2.$$

These two inequalities imply that the function is β smooth.

□

Theorem 5.2 Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be a convex function then if x is a local minimum of f , then x is a global minimum.

Proof. Suppose if there is some $y \in \mathbb{R}^d$ such that $f(y) < f(x)$. From convexity of f , we have

$$\begin{aligned} f(\lambda x + (1 - \lambda)y) &\leq \lambda f(x) + (1 - \lambda)f(y) \\ f(x) - (\lambda f(x) + (1 - \lambda)f(y)) &\leq f(x) - f(\lambda x + (1 - \lambda)y) \\ \implies (1 - \lambda)(f(x) - f(y)) &\leq f(x) - f(\lambda x + (1 - \lambda)y) \end{aligned}$$

The LHS is greater than 0 for $\lambda < 1$ since $f(y) < f(x)$, whereas the RHS, for λ close to 1, is non-negative since x is a local minimum. Therefore we obtain a contradiction. □

In the next lecture we discuss gradient descent as a solver for optimization problems and we use the theorems discussed above when analysing convergence of descent methods for convex functions.